# Chapter 25 The Post-Traumatic Syndromes

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# Abstract

The post-traumatic disorder syndrome cluster is defined in terms of a stressor being associated with subsequent psychological and behavioral consequences. This chapter traces the history of the post-traumatic syndromes; outlines the current nosology of this group of disorders; addresses some of the more contentious areas in the field, such as vicarious exposure to stressful events; and finally summarizes treatment approaches.